

Curriculum Overview Sports Leadership Level 3

Year group: 13

Subject (include exam board if examination subject):

Periods per fortnight: 6

Intent

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Develop confident, healthy leaders through sport and physical activity.

Young people undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people, their peers, older generations and within the community.

The courses involve both guided & peer-to-peer learning and supervised leadership to ensure that learners have all the skills they need to lead basic physical activities to other people.

Course is taught within school with external opportunities such as extra curricular clubs, local primary schools and associations. Students will have a mixture of practical and theoretical based lessons.

Implementation

Term	Topics studied Add dates and any assessments included	Extended learning opportunities (homework, controlled assessments, field work, trips etc.)	How parents could support students
Autumn Term	Unit 1 - Developing Leadership Skills How to be a good leader Difference between skill and behaviours Skills, qualities and characteristics of a good leader Using leadership skills and behaviours in other environments Evaluation of own leadership skills Evaluate others & leadership skills Unit 2 - Plan, lead & evaluate a sports/ physical activity event Types of sports & physical activities Comparison of rules/pros/cons/score system	Learner Evidence Record (LER) workbook task 1.1 Task 1.2 in LER Task 1.3 in LER Task 2.1 in LER	Parents to check LER booklets Parents to check Google Classroom for deadlines in terms of homework/ tasks/ participation in festivals

	<p>Plan a sports session for a primary school</p> <p>Start 5 week primary school sessions both planning and delivering at Bourton Meadow School</p>	Task 2.2 in LER	
Spring Term	<p>Unit 3 - Lead safe sport/physical activity sessions</p> <p>Safeguarding & duty of care</p> <p>Risk assessments</p> <p>Unit 4 - Plan, lead and evaluate sport/ physical activity sessions for children (minimum of 10 hours)</p> <p>Effects of sport and physical activity on children</p> <p>Plan & lead sport/physical activity session for children (3 sessions planned)</p> <p>Students to choose final 2 units to be assessed in from:</p> <ul style="list-style-type: none"> Unit 5 - Plan and lead an event Unit 6 - Plan, lead and evaluate sports/physical activity sessions for inclusivity <p>Completion of 20 hours (10 hours for each unit) leadership.</p>	<p>Task 3.1 in LER</p> <p>Task 3.2 in LER</p> <p>Task 4.1 in LER</p> <p>Task 4.2 in LER</p> <p>6 x session plans are planned & evaluated in LER. Tutor to assess and keep track of hours.</p>	<p>Parents to check LER booklets</p> <p>Parents to check Google Classroom for deadlines in terms of homework/ tasks/ participation in festivals.</p>

Summer Term	Finalise all units and continue to track hours of leadership	LER check by student and tutor	Parents to check Google Classroom for any potential deadlines and key information before the end of the course