

Curriculum Overview AQA GCSE PE

Year group: 11

Subject (include exam board if examination subject): AQA GCSE PE

Periods per fortnight: 5

INTENT:

This qualification is linear. Linear means that students will sit all their exams and submit all their non-exam assessment at the end of the course. The terminal assessments of this course are split into three components which the students will learn about on their journey through the course. Paper 1: The human body and movement in physical activity and sport. Paper 2: Socio-cultural influences and well-being in physical activity and sport. Non-exam assessment: Practical performance in physical activity and sport. Students will need to be proficient in three sporting activities. Either one team sport and two individual or two team and one individual.

AQA GCSE Physical Education lessons will be split into two sections, Practical and Theory:

GCSE THEORY

New and contemporary topics will help students of all abilities to develop a well-rounded skill set and prepare them for progression to further studies. Students will study the following topics; Applied anatomy and physiology, Movement analysis, Physical training, Use of data, Sports Psychology, Socio-cultural influences and Health, fitness and wellbeing. These topics will inspire curiosity and create an ambition to continue the Physical Education and sport pathway into the next phase of their education.

GCSE PRACTICAL

Lessons will focusing upon:

- Skills progression
- Tactics & techniques
- Leadership skills
- Pathway for NEA success
- These lesson's will develop student confidence and their belief in their own ability.

Delivery will be based upon the following teaching methods:

- Tactical Games For Understanding
- Cooperative learning
- Flipped learning
- Assessment for learning

Term	Topics studied Add dates and any assessments included	Extended learning opportunities (homework, controlled assessments, field work, trips etc.)	How parents could support students
Autumn	Paper 2 content:		Regular check on Google Classroom to ensure homework, revision and

	<p>Basic information processing model</p> <p>Types of guidance and evaluate the effectiveness on different abilities</p> <p>Types of feedback and evaluate the effectiveness on different abilities</p> <p>Arousal</p> <p>Inverted U Theory</p> <p>Link optimal arousal levels to skills</p> <p>Finalise coursework until October half term</p> <p>Engagement patterns of different social groups (Gender/ religion/ age/ family etc).</p> <p>Commercialisation</p> <p>Types of Sponsorship & Media</p> <p>Year 11 Mock Exams (November)</p>	<p>Flipped learning homework on ALL topics</p> <p>Mini Test on all content covered this half term</p> <p>Tuesday after school coursework catch up session with PE staff (up until October half term)</p> <p>Flipped learning on Google Classroom</p> <p>AQA Revision booklets to be done in class & at home</p> <p>Identifying weaker areas through HIT list</p>	<p>any other deadlines are being met</p> <p>Parents can check Google Classroom to identify coursework deadlines and track students progress.</p> <p>Support student with creation of revision schedule/ flash-cards</p> <p>Discussion to determine what best revision techniques suit their learning style</p>
--	--	--	--

HALF TERM

<p>Spring Term</p>	<p>Paper 2 content:</p> <p>Stress management techniques</p> <p>Indirect & direct aggression and apply to sporting examples</p> <p>Personality types - Introvert & extrovert</p> <p>Motivation - Intrinsic & Extrinsic</p> <p>Technology in Sport</p> <p>Conduct of performers</p> <p>Prohibited Substances</p> <p>Prohibited methods (blood doping)</p> <p>Drugs subject to certain restrictions (beta blockers)</p> <p>Advantages & disadvantages of taking Performance enhancing drugs (PED's)</p> <p>Spectator Behaviour</p> <p>Reasons for Hooliganism</p> <p>Strategies employed to combat hooliganism</p>	<p>Mini test on all content covered this half term</p> <p>End of Topic 1 & 2 Tests</p>	<p>Parents to ensure student has all materials (pencil case/pens) as well as class specific materials (exercise book/ AQA textbook) for every lesson</p> <p>Ensure flipped learning homework is completed before the lesson in order for student to access learning</p> <p>Parents to attend parents evenings to be informed of progress</p>
--------------------	--	---	--

	<p>First, second and third class lever systems</p> <p>Mechanical advantage</p> <p>Analysis of basic movements in sporting examples</p> <p>Planes & Axis</p>		
<p>Summer Term</p>	<p>Recap of all year 10 & 11 content in preparation for GCSE exams</p>	<p>HIT List</p> <p>AQA GCSE Revision booklets</p> <p>Revision</p> <p>Exam based questions</p> <p>Revision club - Tuesday after school</p>	<p>Regular check on Google Classroom to ensure homework, revision and any other deadlines are being met.</p> <p>Also use Google Classroom as a communication tool</p> <p>Parents to regularly check students coursework to ensure they are on track to meet deadlines</p> <p>Parents can also support through encouragement of after school revision & coursework catch up club (Mondays)</p> <p>Support student with creation of revision schedule/ flash-cards</p> <p>Discussion to determine what best revision techniques suit their learning style</p> <p>Parents to attend parents evenings to be informed of progress</p>

Summer Term	Recap of all year 9, 10 & 11 content in preparation for GCSE exams	HIT List AQA GCSE Revision booklets Revision Exam based questions Revision club - Monday after school	Regular check on Google Classroom to ensure homework, revision and any other deadlines are being met. Also use Google Classroom as a communication tool Parents to regularly check students coursework to ensure they are on track to meet deadlines Parents can also support through encouragement of after school revision & coursework catch up club (Mondays) Support student with creation of revision schedule/ flash-cards Discussion to determine what best revision techniques suit their learning style Parents to attend parents evenings to be informed of progress
-------------	--	---	---

IMPACT:

Student will receive flipped learning homework on google classroom as we as recap tests and STAR marking. Each piece of homework is assessed to give us a current picture of your son/daughters understanding of topic taught.

Students will undergo End of Unit assessments that will be graded and used to form the Theory Section of their GCSE Physical Education grade these assessment intervals will be used to chart their progress.

For the Non Examination element of their course students will be assessed by teacher observation of practical performances and any other additional video evidence of external performances that are provided. This will make up the practical section of their grade along with the written performance evaluation that is delivered in year 11.

This qualification is linear. Linear means that students will sit all their exams and submit all their non-exam assessment at the end of the course.