

Physical Education Core KS3/ KS4 Curriculum Overview

Intent

Physical Education Intent will be ***'To prepare students for life, through positive and meaningful experiences in PE'***.

Mission statement: 'Through an inspiring and inclusive curriculum that offers opportunities for Success For All'.

As a department, we have created a brand new curriculum that will target all areas of a young person in order to prepare them for the wider world once they leave The Buckingham School. Furthermore, the curriculum offers multiple opportunities for students to engage with and connect with the current world events, i.e. curricular trips to experience employment at St George's Park and sporting events such as 6 nations rugby matches at Twickenham for example.

Our curriculum has factored in the impact of the pandemic through these themes. As a department, we feel that each theme references the challenges, characteristics and life skills that are required for our students.

Lessons will focusing upon:

- ASK - lesson objectives; A - Attitude (linked to school virtues), S - Skill progression and K - Knowledge (tactical, game or wider world related).
- Students will develop Social, Physical, Cognitive and Affective skills through our ME in PE strands
- Student's lessons will be focused upon enjoyment and participation through a variety of activities.
- Assessment will occur through the application of Me in PE assessment on a half termly basis

Delivery will be aided through a number of Models based teaching methods:

- Tactical Games For Understanding - Year 10 onwards
- Cooperative learning - Year 7 & 8
- Sports Education - Year 9 onwards
- Teaching Personal and Social Responsibility (TPRS) - Year 11

The new year 7 cohort will commence with some team building at the start of every year allowing the students to build confidence in their new surroundings within themselves and with their peers.

Sports and Physical Activity will be used as a vehicle to achieve the 7 school virtues (As seen below):

Resilience - Fostered through hard work and the physicality of sport

Curiosity - Creating new and innovative learning experiences that ensure students question their own physical limitations and invest in the discovery of their own talents.

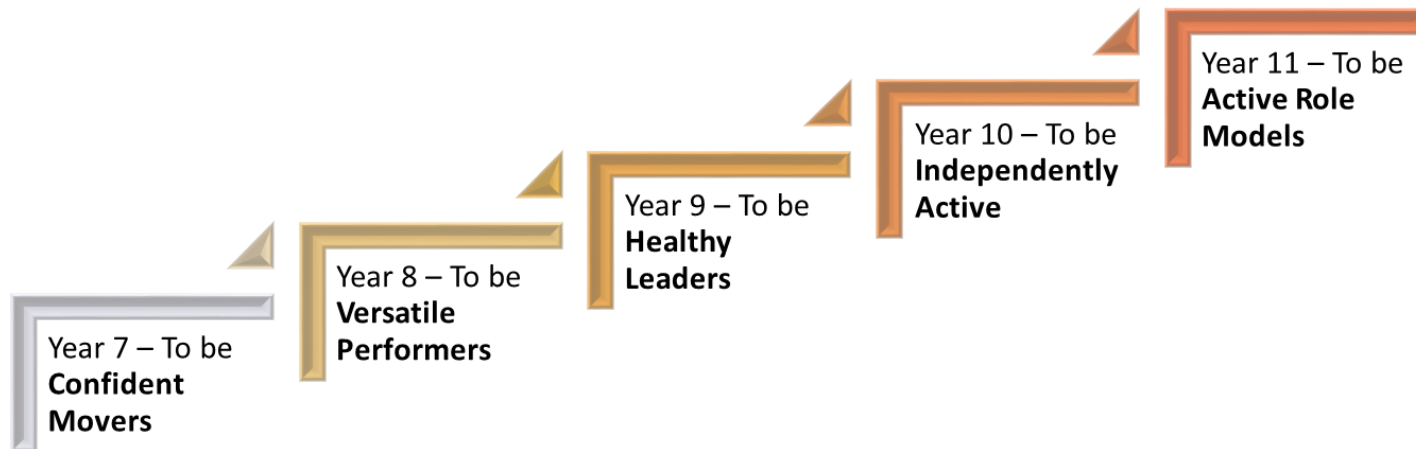
Ambition - To strive to deliver their best performances and embark upon a journey in Physical Education that can lead to a career in the area of sport and performance.

Confidence - To try new activities and create a belief in one's own ability.

Respect - Through respecting the rules of activities, the officials and umpires that bestow them and showing respect for your fellow performers. As well as learning about the components of good sportsmanship and etiquette.

Empathy - Developed through cooperative learning and leadership elements which will give students a shared understanding of each others opinions and feelings.

Integrity - Through the fair, honorable, honest and respectful application of sport and physical endeavour students will develop integrity



Implementation



'To prepare students for life, through positive & meaningful experiences within PE'.

Your PE journey starts here.....



Confident Movers

Exploring fundamental movement skills in context.

National Curriculum Requirements

1. Develop competence to excel in broad range of physical activities
2. Physically active for sustained periods of time
3. Engage in competitive sports
4. Lead Healthy, active lives

Independently Active

Embedding healthy active lifestyles



Healthy Leaders

Developing competences to motivate and instruct others to move



Versatile Performers

Establishing Skills and Techniques for success in sport and in life



Active Role Models

Mastering concepts to flourish in life

- Students can access our curriculum through non gendered sports/ physical activities, no longer going through the baseline testing which takes up time and puts pressure on our students. Therefore, resulting in reduction in anxiety can allow students to enjoy accessing the lessons without the pressure of other students and teachers observation.
- Teachers will have the specific subject knowledge through continuous CPD internally through departmental meetings as well as accessing the external CPD courses that allow
- Development of pedagogical practice through continuous evolution of best practice in the community and world wide.
- Mapping of gaps in learning is down to the concepts of the curriculum and through examination courses .
- Promotion of literacy through the week through 'Word of the Week' which is in line with the content from GCSE & BTEC Sport courses.
- Core PE utilises a lot of cooperative learning strategies such as task cards, introduction of chromebooks has also afforded the opportunity to allow students to create materials within lessons as a coach, analyser, assistant teacher.
- Make Authentic Connections - links with current and past/future events such as Black History Month, world events such as World Cup, Olympic games, Paralympic games. Presentations of success around the PE department and in PE1.
- Connections and the introduction of the Buckingham Alumni from previous students donating match shirts to inspire students.

Impact

- Impact will be measured against the 3 strands of ME in PE. Students will be assessed against mastery statements focusing on Physical, Social & Personal Me's in PE.
- Assessments will occur via the means of formative observations throughout their learning.
- Concluding in a summative mastery statement grade at the end of their activity unit.
- Students will leave year 11 with the ambition to continue exercising and being physically active. Many joining local leisure centers or clubs to achieve this.
- Teaching is effective and can be drawn from L@L snapshots, data from marksheets and student feedback.
- The curriculum leads to expected good results across all key stages and ultimately students value and enjoy PE which can be drawn from results via Student Feedback and surveys at certain points in the academic year.
- More students want to continue their PE journey by selecting GCSE or BTEC Sport in year 10 and then either A level PE or BTEC Sport in year 12
- Sports Leadership awards increased uptake in 6th form and the offer of enrichment PE for students to prevent/ slow the rate of obesity and mental health problems

